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raw salads, wild mushroom flan and awesome summer fruit desserts and cakes - to name but a few. All of which are beautifully illustrated. 4 people found this helpful

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Scandikitchen Summer: Simply Delicious Food for Lighter, Warmer Days Description: Scandinavians do summer food so well -- it is wholesome, flavoursome, simple to make and naturally beautiful to look at. Perfect for enjoying outdoors in a relaxed setting, whether in the garden with friends or on a family picnic, sharing delicious food outside in the warm weather helps to evoke a magical sense of summer hygge.

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from ScandiKitchen Summer: Simply Delicious Food for Lighter, Warmer Days ScandiKitchen Summer by Brontë Aurell Categories: Sandwiches & burgers; Main course; Summer; Scandinavian Ingredients: minced beef; onions; pickled beetroots; pickled cucumbers; capers; cooked potatoes; egg yolks; eggs; rye buns

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your summer meals try tempting breakfasts such as Cinnamon Bun French Toast. Sharing plates such as Smoked Mackerel Rilletes with Rye Crisps are ideal for grazing, while satisfying larger plates include Danish Plaice with Remoulade. All-important cake and fika include a Midsommer Strawberry Cake, and a classic Sourdough Rye is on offer in the breads chapter. Delicious desserts include a Swedish Mess with Cloudberries. Also included are Brontë 's fascinating insights into Scandinavian summer traditions and celebrations.

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warmer months we crave food that is often naturally lighter and nourishing. Scandinavians do summer food so well—it is wholesome, flavoursome, simple to make and sumptuous to look at. In Scandinavian culture, eating well is all about ‘ lagom ’ or balance— everything in moderation. Try the tempting breakfast ideas such as Blueberry Porridge.

Sharing plates such as Smoked Mackerel Rillettes with Rye Crisps are ideal for grazing, while satisfying larger plates include Herbed Pork Tenderloin with Hasselback Potatoes or Danish Plaice with Remoulade. The all-important cake and fika recipes include a Midsummer Strawberry Cake and Skinny Lemon Muffins. A classic Sourdough Rye Loaf and Seeded Crispbread with Dried Nettles are on offer in the breads chapter, and tempting desserts include a Swedish

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Mess with Cloudberry, plus there are some refreshing summer drinks to sip, such as a traditional aquavit cocktail. Also included are Brontë 's fascinating insights into Scandinavian summer traditions and celebrations.

This accessible and entertaining introduction to Scandinavian food contains over 80 recipes to try at home, developed by Bronte Aurell, owner of the popular ScandiKitchen Cafe in London 's bustling West End.

Discover the essence of hygge as revealed by Brontë Aurell, Danish owner of London 's ScandiKitchen in this honest and thoughtful guide, which also features some of her favorite recipes from her books, *The Scandi Kitchen* and *Fika*

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& Hygge, to help you enjoy a "hyggelig" time. Hygge is in the zeitgeist, but what is it, how do we bring hygge in our lives and why are we so captivated with this Danish word? According to Brontë it is really not complicated and doesn't involve spending vast amounts of money on candles or blankets... in its purest form it is simply about appreciating life. Explained in 12 entertaining chapters interspersed with recipes, you will learn first about the origins of the word hygge (old Norse) and then how to embrace it with essays on: Hygge and the Basics, Hygge and Happiness, Hygge and Sharing, Hygge and Baking, Hygge and Darkness, Hygge and Light, Hygge and Time, Hygge and Stress, Hygge and Soul, Hygge and Nature, Hygge and Stuff and Hygge and Your Home. Hygge is a completely psychological and

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emotional state of being. Whether it ' s going for a long walk or baking and sharing a cake with friends, when you carve a pocket of time in your day, hygge can often be found. Remembering to appreciate and experience the moment will help you find your very own hygge.

A follow-up to the successful 'The ScandiKitchen' (published September 2015), this new book from Brontë Aurell features over 60 recipes for cakes, bakes and treats from all over Scandinavia. From indulgent cream confections to homely and comforting fruit cakes and traditional breads, sweet buns and pastries.

“ A festival of beautiful bakes and stunning photos. ”

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Review of ScandiKitchen: Fika & Hygge, Good Housekeeping Magazine. Let Brontë Aurell of The ScandiKitchen Café show you how to celebrate your Christmas Scandi-style by sharing her delicious recipes and family traditions with you. Anyone who has ever been in Scandinavia in December will know that Scandinavians really love Christmas. From huddling up in candlelit snowed-in cottages to consuming glögg at every opportunity, Christmas is peak-hygge season all over Norway, Sweden and Denmark. Everything reverts back to tradition once Advent Sunday has come along. From saffron scented bakes to ‘gingerbread spice in everything!’, Christmas is the time to break the never-ending darkness with edible treats and joyful feelings. Scandinavians visit friends and families taking along something home baked to

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share. They have Jul-Smörgåsbord parties where old and young celebrate with a spread of traditional dishes and delicacies. Everything they do for Jul is centred around food, tradition and home comforts. Join Brontë and feel the warmth, even when it ' s cold outside!

Brontë Aurell shares her love of home baking and welcomes you to experience the warmth of her kitchen with this comforting collection of bakes and treats from Scandinavia. From a batch of buns to a show-stopping Othello layer cake, Brontë ' s recipes inspire the feelings of pure delight that baking at home can bring. Try Brontë ' s Daim Cookies – wonderfully gooey and filled with pieces of chocolate-coated almond toffee. The Trays and Rolls chapter includes

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super-soft Rye Flat Rolls and Lemon and Blueberry cake. Try one of the Everyday Cakes such as Mamma Lena ' s Apple Pie or Tosca cake, a love story between almonds and buttery caramel. Brontë introduces Fancy Fika and Celebration Cakes including a truly delicious Rye Layer Cake with Cherries or the indulgent Mini Liquorice Pavlovas, Cremelinser and Éclair with Marzipan. There are recipes for buns, breads and crispbreads, as well as a host of treats sure to fill you with all the joy of home baking. Bronte at Home is a compilation of previously published favourites plus a host of new recipes.

Simplify whole foods cooking for weeknights--with 100 inspired vegetarian recipes made with supermarket ingredients. Sarah Britton streamlines vegetarian cooking

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by bringing her signature bright photography and fantastic flavors to an accessible cookbook fit for any budget, any day of the week. Her mains, sides, soups, salads, and snacks all call for easy cooking techniques and ingredients found in any grocery store. With callouts to vegan and gluten-free options and ideas for substitutions, this beautiful cookbook shows readers how to cook smart, not hard.

‘ Why are Scandinavians constantly topping the happiness table? ’ ‘ How do you get more Scandi-style in your life? ’ ‘ Just how do you use lagom? ’ Like her viking ancestors before her, Brontë Aurell left Denmark to explore the world beyond home shores and in her travels has come to understand the fascination with her kinfolk, as well as

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seeing the idiosyncrasies of the Scandinavian lifestyle that locals take for granted. Whether you want your apartment to look like it belongs in Copenhagen, to workout like a Norwegian or adapt to saunas like a Swede, this is the ultimate insider ' s guide to the countries of the Nørth. Full of inspiration and ideas, how tos and recipes to help you experience the very best of Scandinavian design, philosophy, cookery and culture. With a signature wit and a keen eye for detail, travel alongside Bronte through fjords and mountains, farmlands and cities to better understand these three nations and what makes each one so unique. So get outdoors, learn the life lesson that there's no such thing as bad weather (only bad clothing) and you may discover your inner Scandi sooner than you think.

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